



Gary R. McCarthy  
Mayor

## OFFICE OF THE MAYOR

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### Press Release

## *Mayor Gary McCarthy Announces Free Health Fair*

**SCHENECTADY** – The City of Schenectady will hold a Health Fair on Saturday, September 6, 2014 from 11:00 a.m. until 2:00 p.m. outside City Hall at 105 Jay Street (rain location inside).

“Protecting and improving public health is a key part of the community,” said Mayor Gary McCarthy. “This event provides residents and visitors with vital information to help inform their health choices as well as fun activities for the whole family.”

There will be a variety of vendors, all associated with health and wellness, along with information on diabetes, nutrition, quitting smoking, free vision exams, flu shots (with proof of insurance) and much more. There will be complimentary chair massages, and chances to win a boy’s youth bike and helmet. B95.5 will be providing free music with dancing for all and there will be many activities for the kids including games, free face painting, and the Fire Department smokehouse. Ample free parking is available on the streets and in nearby lots.

The Health Fair is free and open to the public, and all ages are encouraged to attend and enjoy.

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